



PV Field Hockey Summer Camp

UPDATED 1/19/2022

Come play an exciting and challenging sport!

All Experience Levels Welcome!

For updated information go to our website

<https://sites.google.com/chicousd.net/pvhs-field-hockey/home/activities-calendar>

SUMMER CAMP DATES: July 25-29th from 8am-10:30 am on Asgard Yard. Open to all girls 7-12 grade. No experience required. PV athletes enrolling in 9-12 grade must be CLEARED to participate.

Attire: Dress for physical activity, bring running shoes and cleats or turf shoes, a stick, shin guards, a full disposable water bottle, sun screen, mouth piece, and once issued, the reversible tank top. (sticks are available to check out, wait until the Jamboree to buy a stick). The camp will include instruction for the beginner through advanced level players. Players can expect to improve their playing ability through individual and group activities: including stick skills and drills, proper conditioning techniques, offensive and defensive scrimmage and game play.

Cost: Pre-registration \$125 (due before first practice).

Turn in completed form and money to Stefanie Volk or Pam Jackson at PVHS, 1475 East Ave, Chico, CA 95926. Checks payable to **PV ASB - Field Hockey** or **Pay Online** at the Viking Vault (See link on website above). Each camper will receive a Camp Reversible Tank Top.

Remind: Text @coachvolkf to 81010 to get reminders.

Questions: email Coach Stefanie Volk at svolk@chicousd.org

PV TRYOUTS: begin Monday, Aug 1-5th and go from 8-10 am on Asgard Yard.



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Name _____ Grade 2022-23 School Year _____

Parent Name _____ Parent Email _____

Phone # _____ Yrs. of Exp. _____ T-Shirt Size (XS,S,M,L ladies) _____

Any special medical conditions _____

I hereby authorize the directors of the Pleasant Valley Field Hockey Camp to act for me according to their best judgment in any emergency requiring medical attention.

By writing my signature, I attest that I have read this statement and waive any and all claims and release the School, School District, Camp, Coaches or Director from any and all injuries I may suffer as a result of participation in the Pleasant Valley Field Hockey Summer Camp; to include travel to and from said event. I further attest that I will take responsibility to ensure that I am physically fit to participate in said event.

Player Signature: _____ Date: _____

Parent/Guardian Signature _____ Date: _____